# CENTER FOR PSYCHOLOGICAL SUPPORT SENSUS

Sensus is a non-profit organization, based in Mostar, Bosnia and Herzegovina, established in 2012, combining professional mental health expertise with community-based work, research, training, advocacy and long-term cooperation with public institutions and civil society.

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| **2012** established | **60+** projects implemented | **50+** partner organisations & institutions | **3,000+** direct participants | **3,032** counselling & psychotherapy services |

## WHY PARTNER WITH SENSUS

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| **MENTAL HEALTH EXPERTISE:**<br><br>A multidisciplinary team with psychologists, psychotherapists and project professionals, combining direct service delivery with programme development. | **ACCESS TO COMMUNITIES**<br><br>Direct and sustained work with young people, women, persons with disabilities, LGBTQI+ people and other underserved or marginalised groups. |
| **INSTITUTIONAL REACH**<br><br>Established cooperation with public institutions, schools, social welfare services, local authorities and civil society organisations | **IMPLEMENTATION**<br><br>Local knowledge and the ability to adapt European approaches to the social, institutional and post-conflict context of Bosnia and Herzegovina. |

## AREAS OF EXPERTISE

**Mental Health & Psychosocial Support** — Individual and group counselling, psychotherapy, prevention, referral and community-based psychosocial support.
**Research & Needs Assessment** — Research and surveys in mental health, gender equality, social inclusion and related social issues; experience in publication development.
**Training & Capacity Building** — Workshops and training programmes for young people, youth workers, professionals, schools, institutions and civil society organisations.
**Social Inclusion & Human Rights** — Direct work with marginalised communities, with a strong focus on accessibility, equal rights, non-discrimination and participation.
**Policy, Advocacy & Community Engagement** — Stakeholder engagement, awareness raising, public events, advocacy and cooperation with institutions in local implementation.

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## SELECTED EXPERIENCE

**Regional Talks About Mental Health**
Mental health of marginalised groups in the Western Balkans. Focus: Regional dialogue, public engagement and mental health awareness.
**Mental Health in the Classroom**
Advocacy for systematically available psychological support in high schools. Focus: Youth mental health, education and institutional advocacy.
**Women for Sustainable Future**
Strengthening the resilience of women from rural areas. Focus: Women's empowerment, resilience and community-based work.
**Let's Talk About Mental Health**
Prevention of unwanted behaviour and psychological counselling. Focus: Prevention, counselling and community outreach.
**Women as Peace Leaders**
Promoting dialogue, storytelling and artistic expression. Focus: Women's empowerment, peacebuilding and dialogue through art

## CAPACITY, REACH & RECOGNITION

- 7 full-time employees and 25 volunteers.
- A team spanning psychology, psychotherapy, project management, project coordination, youth work, communications and finance.
- Reliable cooperation with more than 50 organisations, schools and institutions.
- More than 60 implemented projects and 3,000+ directly involved participants.
- Experience in research and publication development, with more than 20 published documents.
- Regional and national recognition, including Council of Europe social inclusion recognition and a Western Balkans Fund award for women's leadership.

## WHO WE WORK WITH

Young people from urban and rural communities; women; persons with disabilities; LGBTQI+ people and other marginalised groups; youth workers; professionals; schools and public institutions; local authorities; civil society organisations; and community stakeholders.

**LET'S BUILD STRONGER MENTAL HEALTH AND SOCIAL INCLUSION PROJECTS TOGETHER.**

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